



The Connection

April 2023



Welcome to our fifth issue of The Connection! This one celebrates our **4 year anniversary** and man, does time fly when you're having fun.

These last 4 years serving our community have truly been something special. When we opened our

doors April 1, 2019 we had a staff of 6 people and hoped our patients from our previous employer would remember us. Now, as you can see to your right, our staff is 15 people strong and growing, in spite of a global pandemic and a struggling health care system. Our 4,700 sq. ft. clinic is full and we hope to expand our space by the end of this year in order to keep providing the level of care you all deserve... And as of the date of this publication, we have had the honor of treating **2,404 patients!**

We continue to offer only the best tools and tech to help you get better faster, most not found elsewhere in our area. Next time you stop in, ask if EPAT can help you or if our Class IV laser may be a good fit. Or, come check out our newest service, available to anyone regardless of PT needs- Thrive Stretch!

We get to live our passion each and every day and are incredibly grateful to know we've made an impact on your lives. Thank you for your referrals to friends and family, and thank you for for being a part of **our** Thrive Family.

Kevin Patrick Calvey PT, DPT
Thrive Physical Therapy Owner

Our Team

Nicole Blank - Technician
Dani Boedeker - Physical Therapist
Libby Brenfleck - Physical Therapist
Kevin Calvey - Physical Therapist
Andrew Cho - Physical Therapist Assistant
Dawson Craven - Technician
Liv DiMichele - Patient Care Specialist
Julie Hambling - Scribe/Technician
Maria Kourkoutas - Stretch Coach
Lisa Gutowski - Physical Therapist
Chrissy Lee - Office Manager
Cameron Dixon - Physical Therapist
Maribel Price - Physical Therapist Assistant
Jess Santiago - Physical Therapist Assistant
Eric Schulte - Scribe/Technician

Our Values

At Thrive Physical Therapy, our goal is to demonstrate an unselfish commitment to our patients' individual needs by committing to four core values that define us as a company:

PATIENT COMMITMENT

A dedication to always focus on our patient first

WINNING ATTITUDE

Being relentless and passionate in our pursuit of health care excellence

CARING CULTURE

A team environment, trust and accountability that creates a connection to something special

INNOVATIVE SPIRIT

Having the courage to explore the possibilities of a new and better path

Phone: 302 - 834 - 8400

Social Media: @thrivemiddletown

Visit us today at **www.thrivemiddletown.com**

Hedgelawn Plaza • 834 Kohl Ave. Middletown

Spotlight on...

ThriveStretch



Thrive is excited to introduce Middletown's first stretch lab, available to anyone who wants to GET STRETCHED! Assisted stretching will improve your range of motion & flexibility, reduce pain & tension, and get you moving better, faster.

Enjoy a 25 or 50 minute one-on-one stretch with our certified coach that is customized to fit your individual needs. Some clients are looking to improve their sports performance, some are looking to decrease joint pain and others simply just want a great stretch. Maria is an expert at focusing on problem areas or targeting certain muscle groups based on your needs.

Get Your Stretch On

First time introductory session:
25 minute stretch for \$20

Single session purchase:

- 25 minutes: \$50
- 50 minutes: \$70

Packages- Choose from these 6 options for optimum discounts!

3 packs:

- 3, 25 minute sessions \$135
- 3, 50 minute sessions \$195

(Must be used within 30 days)

10 packs:

- 10, 25 min package: \$400
- 10, 50 min package: \$560

(Must be used within 3 months)



MEET SOME OF OUR NEWER TEAM MEMBERS!



Cameron Dixon PT DPT

Cameron received his Bachelors of Science in Exercise Science at the University of Delaware and his Doctorate in Physical Therapy at Arcadia University. He has a passion for healthcare that continues to grow each day. He enjoys treating patients from diverse backgrounds and loves to make connections with all who he meets. He takes a patient first approach to ensure each patient is heard and gets comprehensive treatment for injuries.



Maribel Price PTA

Maribel is a Physical Therapist Assistant with over 15 years experience in outpatient and inpatient settings, treating patient with a wide variety of orthopedic and neurologic diagnoses. Her special interests are balance training and fall risk education, but her primary goal is to ensure all of her patients reach their highest level of function.



Julie Hambling

Working in health and fitness for the last three years, Julie is passionate about the well-being of others! Julie assists Thrive therapists with note taking and general scribing, as well as other non-clinical tasks. She allows the therapists to provide their full attention to patients and give others the time and care they deserve.

Did You know?

...You have Direct Access to PT. Thrive can see you for a consultation and evaluation of your limitations and pains WITHOUT a prescription!

If you are a Medicare client, we will send our assessment to your physician to sign off on in order for us to start the treatment you need to feel and move better. For all other insurance, we will get started on day 1 working towards reading your goals!

Doctors of Physical Therapy are the first stop for any limitation resulting from pain, weakness, or poor balance, so come see us as soon as you are able in order to reduce the effects of your limitations and pain, and we will take care of the rest. We are trained to know when and who to refer to should your condition require a physician.



Hold your smartphone over the QR code and click on the link that pops up to leave us a review on google!

Being a small, family business with no corporate funding, your firsthand accounts of your experience at Thrive go a long way and help more members of our community to find the care they deserve. Thank you in advance for taking a few minutes to take this step!